

L4L Topics	Term 1 <u>Transition:</u> <u>Me and My</u> <u>Relationships</u>	Term 2 <u>Living in the</u> <u>Wider World</u>	Term 3 <u>Health and</u> <u>Wellbeing</u>	Term 4 <u>Celebrating</u> <u>Diversity</u> (Protected Characteristics)	Term 5 <u>Community</u> <u>and Self-Care</u> First Aid	Term 6 <u>Transition:</u> <u>RSE and Safety</u>
National dates reflected in school	October is Black History Month Remembrance 11.11.26 Anti-Bullying Week: 16-20.11.26 Theme: Break the Silence St Andrew's Day 30th Nov is celebrated 27 th Nov		Safer Internet Day 6.2.27 Children's Mental Health Week 1- 7.2.27 National Careers Week 1-6.3.27 Neurodiversity Celebration Week 15-19.3.27		May is Local & Community History Month June is Pride Month Earth Day 22.4.27 St George's Day Friday 23.4.27 Deaf Awareness Week 3-9.5.27	
School Events 2026- 2027	Hello Yellow (Mental Health) 9.10.26	Festive Enterprise Projects during PD culminating in the Christmas Fairs. Christmas celebrations.	Culture and Community Day Friday 12th February	Culture and Community Events: St David's Day 1st March celebrated Fri 26th Feb St Patrick's Day 17th celebrated Fri 19th Mar	Primary RE 'Explore Sikhism' Vaisakhi Festival 14th Apr St George's Day Friday 23rd April	Primary Explore Pride 21-25th June Whole-school LGS Pride Culture and Community Day 25.6.27 Summer Fairs Sports Days

Year 7	Transition to secondary school and getting to know one another. Do we need to feel the 'same as' to belong? Feeling safe in school Building healthy relationships 	Year 7 Council campaigns and election. Introduction to Financial Literacy Anti-Bullying Week	How can we optimise our mental and physical health? Stress Toolkit: Exercise Sleep Play Self-Talk Hydration Personal Hygiene (including dental health)	Exploring Faith Protected Characteristics: Religion Experiential exploration of Hinduism, Paganism and Christianity	First Aid: Bleeding; School First Aiders; First Aid Kits; Getting help. Reduce, Reuse, Recycle Sustainability: how can we be responsible at home and school?	Sun, Sea and Safety Staying safe throughout the Summer Managing change (Puberty) Managing physical, emotional and relational changes. 
Year 8	Neurodiversity and Me Protected Characteristics: Disability Practical exploration of Neurodiversity including our own strengths and challenges so we can understand how to learn and live successfully. 	Yr8 Council campaigns and election. Saving, borrowing, budgeting and making financial choices. Click and pay: Phones and financial risk <u>Anti-bullying Week:</u> Bullying Detox Digital resilience	Wellbeing Toolkit January Blues: Mental Health First Aid Growth vs Fixed Mindset Resilience training Self-Care Nutrition and Vaccinations (Incl HPV) (Timing may vary depending on NHS visit)	Exploring Faith (2) Protected Characteristics: Religion Experiential exploration of Islam, Sikhism and Buddhism Animal Rights and Animal Care	First Aid: CPR, AEDs and Emergency.	Adolescent toolkit Body Image Self-Esteem Navigating Relationships Managing platonic and romantic connections Respect and consent 
Year 9	Personal and Relational Values Boundaries and behaviour. Peer approval / masking Respect and Assertiveness Emotional resilience: Problem-Solving and Team-Building Skills	Yr 9 Student Council campaigns and election Introduction to UK Parliament including the roles of citizens, Parliament and the monarch. Think Twice (online and RL choices) Money Matters, Gaming, social media and algorithms: The pressure to spend online	How can substances impact on wellbeing? Exploration of legal/illegal substances which can impact our health: Sugar, Caffeine, Alcohol, Vaping, Drugs. Managing influences Impact of diet	Cross-curricular History Unit: Fact, Fiction and Faith Exploring Jewish faith and discrimination Holocaust: Boy in Striped Pyjamas Protected Characteristics: Race, Religion	First Aid Asthma and Allergies Choking and Head Injuries Hygiene – laundry skills	Staying Safe Bike, road and rail safety; Safety in relationships – including awareness of AI and online cultures Managing conflict and the dangers of running away 

		<u>Anti-bullying:</u> Peer Approval/Pressure and Gangs LGBT bullying				
Year 10	Transition to KS4 Relationship with yourself and others. Examine healthy and unhealthy role-models in sport and on screen. 	Yr10 Student Council campaigns and election. The Basics of Budgets and banking for a young person (income and expenditure, support available). Gambling – Financial Health ‘Wanna bet?’ <u>Anti-bullying:</u> Including pressure to send/receive nudes*	Health MOT Healthy Habits vs Addiction Body Image / Disordered Eating Sexual Health Part 1	The Right to Belong Communities, belonging and challenging extremism. Investigating the experiences of young asylum seekers and refugees.	First Aid: Bleeding, Shock and Chest Pains. Choking, CPR, AEDs; Bone. Muscle and Joint Injuries.	RSHE Balancing Act Physical desires, Emotional needs and Safety *Consent and Coercion. Change, Grief, Loss/Endings 
Year 11	Are we in the adult world at 16? Identity and Relationships Managing online influences including manosphere Marriage and relationship rights Being a Parent/Carer 	Yr11 Student Council elections and vote Financial Health Making money online and protecting against exploitation <u>Anti-bullying focus:</u> Managing conflict in friendships and intimate relationships.	Mental Fitness: Managing pressure, anxiety and overwhelm – especially with Change and Exam Season. MHFA: Stress Bucket Time Management / Self-Care Sexual Health Part 2 Cancer Awareness: Self-examination	Equality: Faith and Families Protected Characteristics: Religion, Gender, LGBT, Sexual Orientation. Faith and relationships Diverse Families Managing romantic challenges Coercion; Hate/revenge crime and support.	Exam Season Support Revision Relaxation Mental Fitness Self-Care Celebrating Growth and time at LGS. Managing endings/ transition to Post-16/College 	

