Learning for Life (PSHE) Spiral Learning Journey

- **Being Me in My World** (incl. Pupil Elections)
- **My Relationships**
- **Health & Wellbeing**
- **Celebrating Diversity**
- **Community Values & Life Skills**
- **Coping with Change (incl. RSHE)**

FIRST AID

Anti-Bullying Week

Year 11

Start an apprenticeship

Continue lifelong love of learning and personal development

Travel. Embrace new cultures at home and abroad.

Go to Sixth Form, Post-16 or College

- SRE Clinic; Transition Strategies; Celebrating time at LGS
- LGBT+ History & Equality; Diverse Families
- MHFA: Managing Exam Pressure, Anxiety and Overwhelm
- Relationship Rights. Marriage and Family responsibilities.
- Are we ready for the adult world at 16?

Bone, muscle and joint injuries. Leading First Aid Workshops

Year 10

- Budgets and Banking
- Is Love all you need? Gender and Sexual Identities
- Health MOT (Incl. Habits)
- The Right to Belong (Challenging Extremism)
- Building Independence
- Balancing Act (Incl. Sexual Health, Consent & Coercion)

Bleeding, Shock and Chest Pains

Year 9

- Let's talk about… Self Esteem, Safety and Sex
- Digital Literacy
- Prejudice and Discrimination
- How can substances impact on wellbeing?
- Equality, Discrimination and Bullying. Peer-Approval
- Active Citizenship and Politics

Choking and Head Injuries

Year 8

CPR, Asthma and Allergies

- Introduction to UK Parliament
- How different are we really? Relationship with Self
- Wellbeing Toolkit
- Neurodiversity and Me
- Animal Rights and Animal Care
- Puberty and Adolescent toolkit

AUTISTIC PRIDE

Year 7

- Puberty: How do I feel about becoming a young adult?
- Green Living and Activism
- Around the world: Exploring Faith
- How can we optimise our mental and physical health?
- Heathy Friendship Skills
- Transition to Secondary. LGS being a Rights Respecting School

First Aid Kits. Bleeding.

KS2-KS4 Peer Education workshops: Puberty; Rethink Periods.

KS2

What to do in an emergency

- Being Me: Rights and Responsibilities
- Conflicts & Solutions Differences
- Healthy Body Image. Healthy Mind.
- Introduction to main world religions
- How faith affects our choices.
- Preparing for **Puberty** and Romantic Attraction; **Transition to Secondary**

STUDENT COUNCIL

KS4 to Primary Peer Education workshops: First Aid.

KS1

Stay calm Who are First Aiders?

- Life Cycles; Transition
- Caring for Others; Fasting / Fairtrade
- Central religious symbols and idea of belief
- Happy and Healthy Me
- Belonging Families
- Being Me: Special and safe

EYFS

Early Learning Goals.

Development Matters Outcomes.

EHCP Provision Plan Targets

CULTURE DAY