

(EYFS/KS1 Cycle A) Opal/Ruby	My World: Class and School Charter; Vote for School Council rep. Belonging to a family Same and Different: making friends	Being Me: feeling special, safe and part of a class; introduction to rights and responsibilities. Anti-bullying: Understanding what bullying is and knowing what to do. Explore Christianity 1 What is Christmas? Christmas traditions and gift giving.	It's My Body: Clean as a whistle Can I eat it? I can choose	Sparkle and Shine! (Everyone can sparkle) We are all Unique. Superhero Me (Fun exploring superheroes and our own super strengths) Explore Christianity 2 (Link to Easter – collaboration with QRBC)	Stay calm and ask for help Caring for others	Introduction to Life Cycles and change. preparing for transition to new class Safety first: Staying safe around strangers Safe secrets and surprises People who can help
(EYFS/KS1 Cycle B) Opal/Ruby	Different types of families. Trust and boundaries between people. Gender Diversity Recognising but accepting differences. My World: Class and School Charter; Vote for School Council rep.	Being Me: Hopes and fears; rights and responsibilities; rewards and consequences; choices. Anti-bullying: Recognising right and wrong in behaviour	It's My Body: My body, my business Active and Asleep Happy, Healthy Food	'Around the World with Max and Lemon' Similar but not the same We are all unique Being a good friend	Who are First Aiders? Diverse Britain: My School My Community My Neighbourhood	Introduction to Life Cycles and change. preparing for transition to new class Safety first: Keeping safe Staying safe at home Staying safe outside
(LKS2 A)	Class and School Charter links to Global community;	Being Me: Setting personal goals and facing challenges positively.	Think Positive: Keep Calm and Relax	Different types of families	LOtC: Understanding and caring for our local environments	How babies grow in humans and animals;

Topaz / Quartz	Vote for School Council rep. Family roles and responsibilities; Conflicts and solutions; power of words. (Text: 'Buckets, Dippers and Fillers')	Anti-bullying: Words can hurt. What to do?	You're The Boss Always Learning Exploring Buddhism experience and visits	'Part of the Party' storybook Embracing differences and inclusion	Introduction to First Aid: Stay safe, stay calm, do your best.	Family stereotypes; Puberty – preparing for changes. preparing for transition to new class Growing up: Your family, my family Getting older Changes
(LKS2 B) Topaz / Quartz	Being Me: Being part of a class team; How my attitudes and actions affect myself and others. My World: Democracy links to Class, School and Global Charters; Vote for School Council rep.	Challenging assumptions including judging by appearance. Jealousy, Love and Loss – Memory boxes Anti-bullying: being a witness or a target –what to do.	Think Positive: Happy Minds, Happy People Thoughts and Feelings Changes Exploring Buddhism on site	Diverse Britain: Tolerance and Respect British Values Tolerance Democracy 'Explore Hinduism' Week	One World: Families Homes School Basic First Aid including Asthma and choking	Puberty changes in boys and girls; accepting change. preparing for transition to new class Growing up: Our Bodies Is it ok? Pink and Blue
(UKS2 A) Sapphire / Emerald	My relationship with and through technology: online communities, screen time, staying safe, online gaming. My World: Comparison with Laleham and schools in developing countries;	Being Me: Plans for the upcoming year; Understanding my rights and responsibilities as a pupil at this school and as citizen of this country Cultural differences: Recognising Racism, enjoying and respecting	It's My Body: Harmful Substances How we think and feel about our bodies Healthy Choices	Neurodiversity Pride Celebration of Neurodiverse role-models	Peaceful places Making our own sacred/special place Safety, Spending and Saving	Preparing for teenage identity; coping with change. preparing for transition to new class/ secondary

	Vote for School Council rep.	other cultures. (Black History Month) Anti-bullying: rumours and name-calling	Exploring Buddhism experience and visits		Emergency First Aid (How to get help, recovery position.)	
(UKS2 B) Sapphire / Emerald	Vote for School Council rep. Empathy and respect in relationships. What does 'normal' mean to you? Disability, disorder or difference?	Being Me: Identifying goals and opportunities to role-model; Democracy and Pupil Voice at Laleham Gap School and across the UK. My World: Universal Rights: How I can impact my local and global community. Anti-bullying: Power struggles and why some people bully	It's My Body: Your Body is your own Exercise Right, Sleep Tight Taking Care of Our Bodies	LGBT Pride Protests and Celebrations History of Pride	One World: Global Citizens Global Warming Energy Emergency First Aid: What to do when things go wrong.	Romantic relationships (incl. safe and appropriate communication) Preparing for transition to new class/ secondary Growing up: Changing bodies Changing emotions Just the way you are Summer Safety Skills
Year 7	Transition to secondary school and getting to know one another. Laleham being a Rights Respecting School Do we need to feel the 'same as' to belong? Feeling safe in school Building healthy relationships 	Year 7 Council campaigns and election. Introduction to Financial Literacy Anti-Bullying Week 10-14.11.25 Parliament Week 24-30.11.25	How can we optimise our mental and physical health? Stress Toolkit: Exercise Sleep Play Self-Talk Hydration Personal and Period Hygiene	Exploring Faith Protected Characteristics: Religion Experiential exploration of Paganism and Christianity	First Aid: Bleeding; School First Aiders; First Aid Kits; Getting help. Reduce, Reuse, Recycle Sustainability: how can we be responsible at home and school?	Sun, Sea and Safety Staying safe throughout the Summer Managing change and influences Managing physical, emotional and relational changes. (Incl: Puberty education) 

Year 8	Neurodiversity and Me Protected Characteristics: Disability Practical exploration of Neurodiversity including our own strengths and challenges so we can understand how to learn and live successfully. 	Yr8 Council campaigns and election. Introduction to UK Parliament including the roles of citizens, Parliament and the monarch. Saving, borrowing, budgeting and making financial choices. Click and pay: Phones and financial risk <u>Anti-bullying Week:</u> Bullying Detox Digital resilience	Wellbeing Toolkit January Blues: Mental Health First Aid Growth vs Fixed Mindset Resilience training Self-Care Nutrition and Vaccinations (Incl HPV)	Exploring Faith (2) Protected Characteristics: Religion Experiential exploration of Paganism and Buddhism Animal Rights and Animal Care (2026: Sikhism and link with Volunteering and Community acts)	First Aid: CPR, AEDs and Emergency. Asthma and Allergies	Keeping ourselves safe (bike, road and rail safety; Safer relationships Managing control and coercion Adolescent toolkit Body Image Self-Esteem 
Year 9	Personal and Relational Values Boundaries and behaviour. Peer approval / masking Respect and Assertiveness Emotional resilience: Problem-Solving and Team-Building Skills 	Yr 9 Student Council campaigns and election Local and National Politics Think Twice (online and RL choices) Money Matters, Gaming, social media and algorithms: The pressure to spend online <u>Anti-bullying:</u> Peer Approval/Pressure and Gangs LGBT bullying	How can substances impact on wellbeing? Exploration of legal/illegal substances which can impact our health: Sugar, Caffeine, Alcohol, Vaping, Drugs. Managing influences Impact of diet	Cross-curricular History Unit: Fact, Fiction and Faith Exploring Jewish faith and discrimination Holocaust: Boy in Striped Pyjamas Protected Characteristics: Race, Religion	First Aid Choking and Head Injuries Hygiene – laundry skills	Staying Safe Safety in relationships – including awareness of AI and online cultures Managing conflict and the dangers of running away 

Year 10	Transition to KS4 Is love all you need? Relationship with yourself and others including Gender and Sexual Identity. Screen vs reality. 	Yr10 Student Council campaigns and election. The Basics of Budgets and banking for a young person (income and expenditure, support available). Gambling – Financial Health ‘Wanna bet?’ <u>Anti-bullying:</u> Sexual behaviour and the law including Sexting and Grooming.	Health MOT Healthy Habits vs Addiction Body Image / Disordered Eating Sexual Health Part 1	The Right to Belong Communities, belonging and challenging extremism. Investigating the experiences of young asylum seekers and refugees. Spotlight on Islam	First Aid: Bleeding, Shock and Chest Pains. Choking, CPR, AEDs; Bone. Muscle and Joint Injuries	Balancing Act Physical desires and Emotional needs Consent and Coercion. Change, Grief, Loss/Endings 
Year 11	Are we in the adult world at 16? Identity and Relationships Managing online influences including manosphere Marriage and relationship rights Being a Parent/Carer 	Yr11 House Leader campaigns and Staff vote Financial Health Making money online and protecting against exploitation <u>Anti-bullying focus:</u> Managing conflict in friendships and intimate relationships.	Mental Fitness: Managing pressure, anxiety and overwhelm – especially with Change and Exam Season. MHFA: Stress Bucket Time Management / Self-Care Sexual Health Part 2 Cancer Awareness: Self-examination	Equality: Faith and Families Protected Characteristics: Religion, Gender, LGBT, Sexual Orientation. Spotlight on faiths like Sikhism and Bahá’í Diverse Families Managing romantic challenges Coercion; Hate/revenge crime and support.	Exam Season Support Revision Relaxation Mental Fitness Self-Care Celebrating Growth and time at LGS. Managing transition to Post-16/College 	
Post-16	Personalised provision that caters to individual SMSC and EHCP needs with full participation in Student Elections, National Awareness Days and School Events.					

