

Good Morning everybody,

It's the start of term five and I have a challenge for you all.

I would like you to get inventive and creative. Where ever you think it's possible and with whatever equipment, I would like you to show me your version of any of the sports that we play in PE. This may involve getting some of your family members and playing a quick game of dodgeball using rolled up socks.

While the weather is good and if you're lucky enough to have an outside space, you could even go outside and play some sport.

So, your challenge has been set. Get out and get active.

I would love to see some pictures of this happening. So why don't you email me some pictures of you being active.

Remember some of the important phrases that me and Mr Dunderdale always use
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- Get into gaps and spaces.
- Look for a player in space and passed to them.
- Look up and see what position you are in the pitch.
- Think before you do an action.
- Control your power.
- Point your arm in the direction you want the ball to go

Get Active

Mr Welsh