

Year 8



Following on from our work on sugar.

I would like you to watch the story of sugar.

- Take time to think about what you have watched
- Now I would like you to take some time to research the differences between natural versus processed sugar.
- Which type of sugar is better for you?
- Where does natural sugar come from?
- Is natural sugar as sweet as processed sugar?
- Can we cook with natural sugar?
- Make a list of where we can get natural sugars from.

Now you have finished this part of research in your opinion which is better for us?

(A) Processed

(B) Natural

