

Year 8

Please answer in sentences if you can manage.

1. what is the purpose of a timeplan?
2. Name 4 carbohydrate foods?
3. Identify a range of Fish we can eat and find pictures of them
4. Explain why fish is an important part of our diet
5. Suggest 3 recipes you could make using fish
6. In what ways can we buy fish in the supermarket?
7. Describe how to avoid food waste
8. Explain how fish is classified. For example which foods are rich in oil.
9. How do we know if fish is fresh?