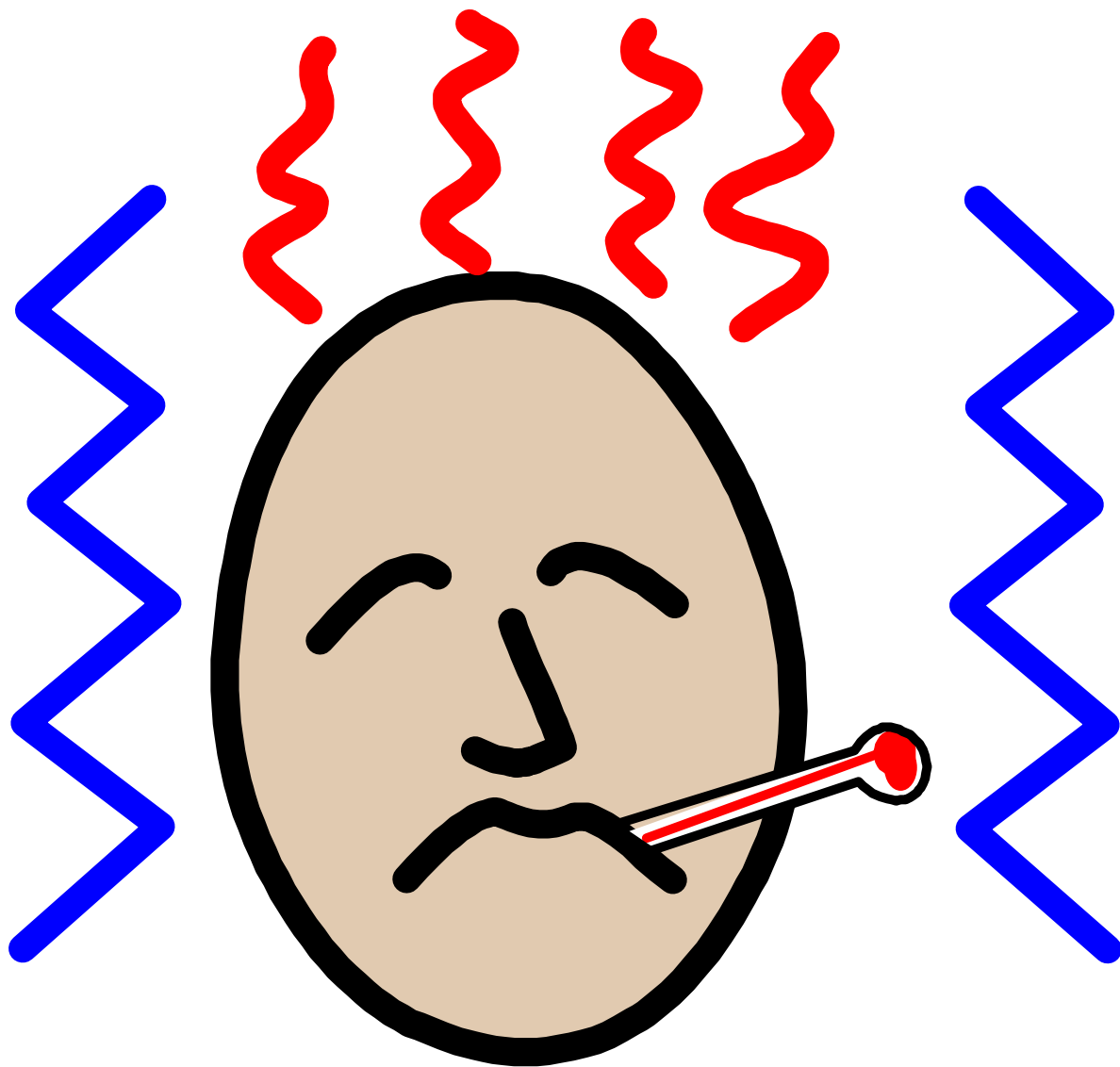
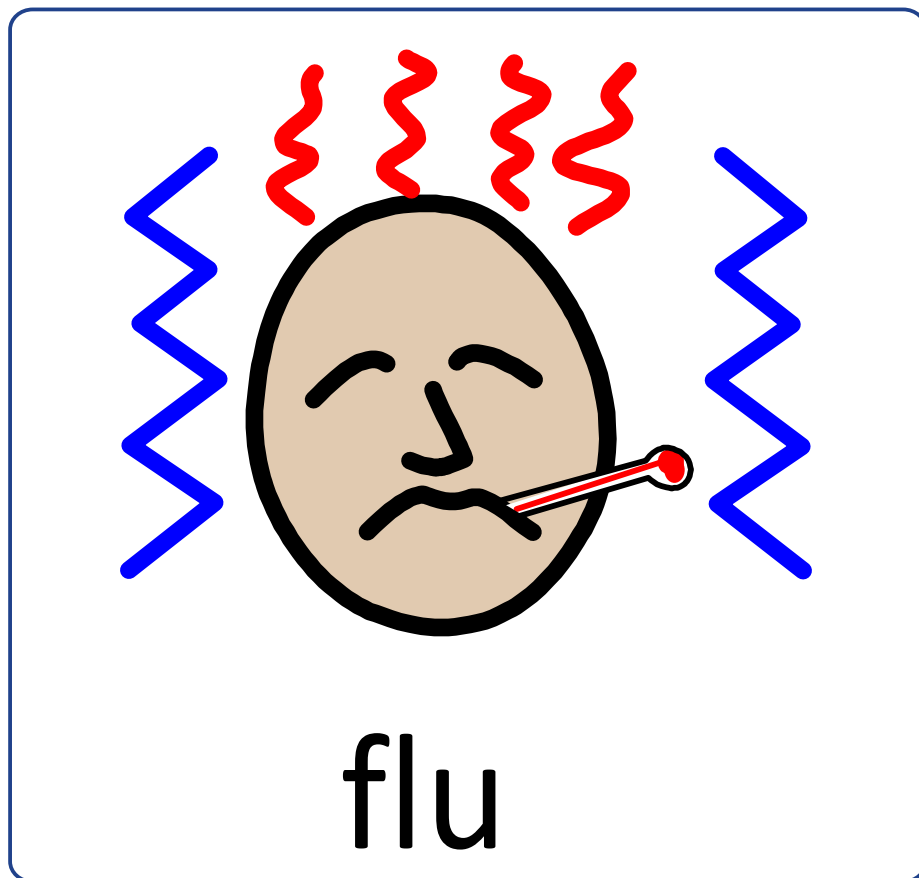




Coronavirus

Coronavirus can also
be called 'Covid19'.



It's a new type of flu.

Symptoms of flu can
include....



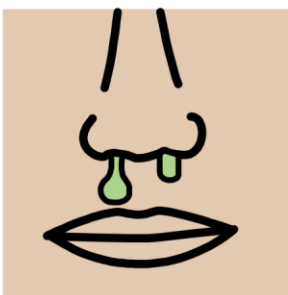
shiver



cough



sore throat



runny nose



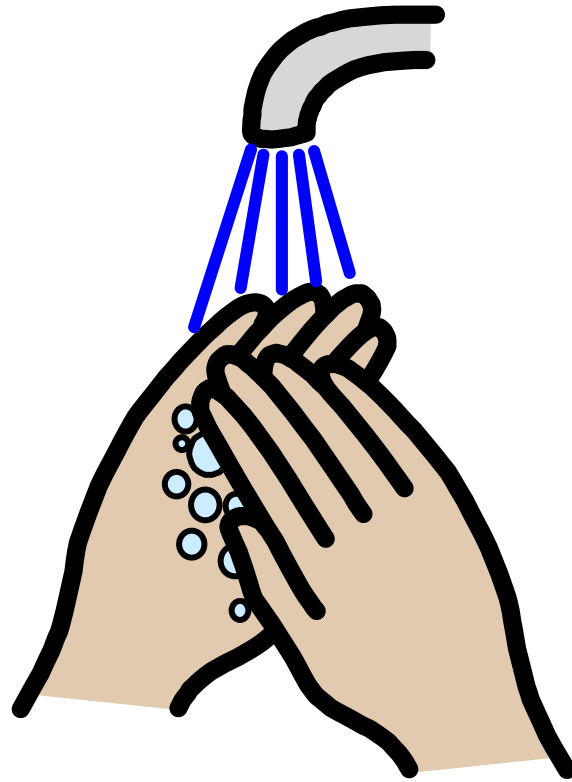
sneezing



temperature

...but it's OK, you will
feel better again.

The best thing I can do to
stay healthy is to keep
my hands clean.

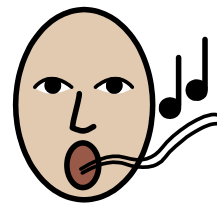


wash hands

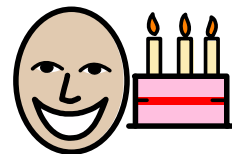
I keep my hands clean by
washing my hands with
soap and warm water.



wash hands



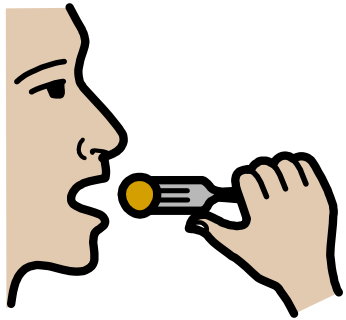
Sing



Happy Birthday

I wash my hands for at least
20 seconds, I can sing
'Happy Birthday' twice
when I wash my hands, this
will help me to know how
long to wash for.

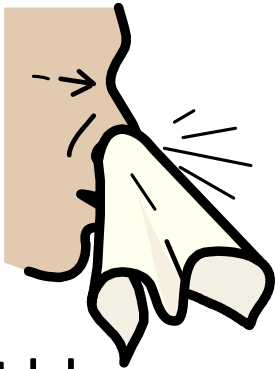
I should wash my hands...



before I eat



after I sneeze



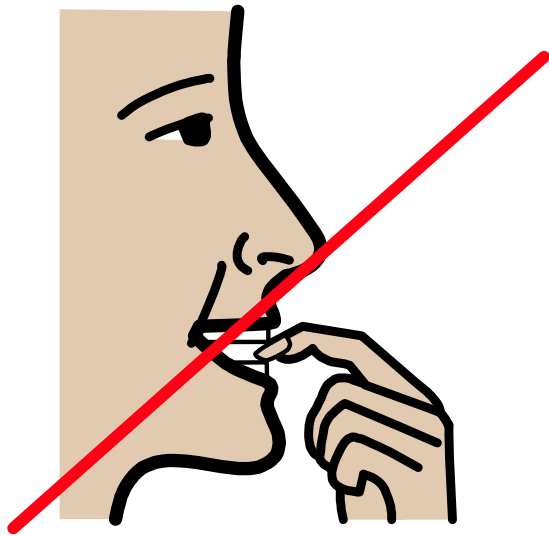
after I blow my nose



after I go to the toilet

...and throughout the day.

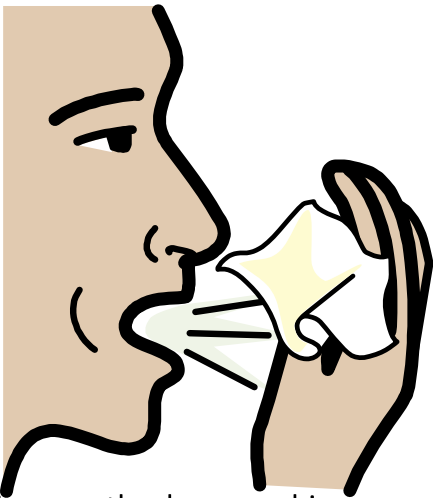
I can also stay safe and clean by..



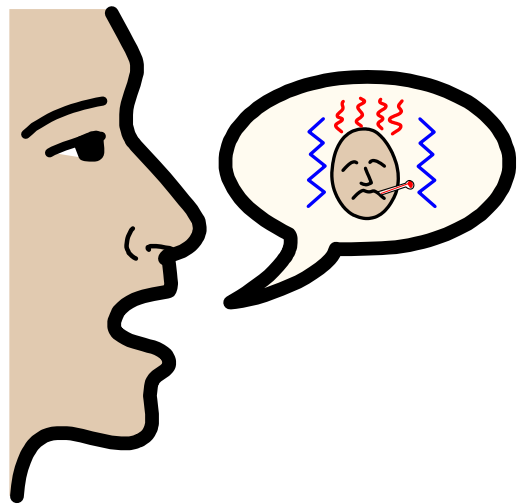
not biting my nails



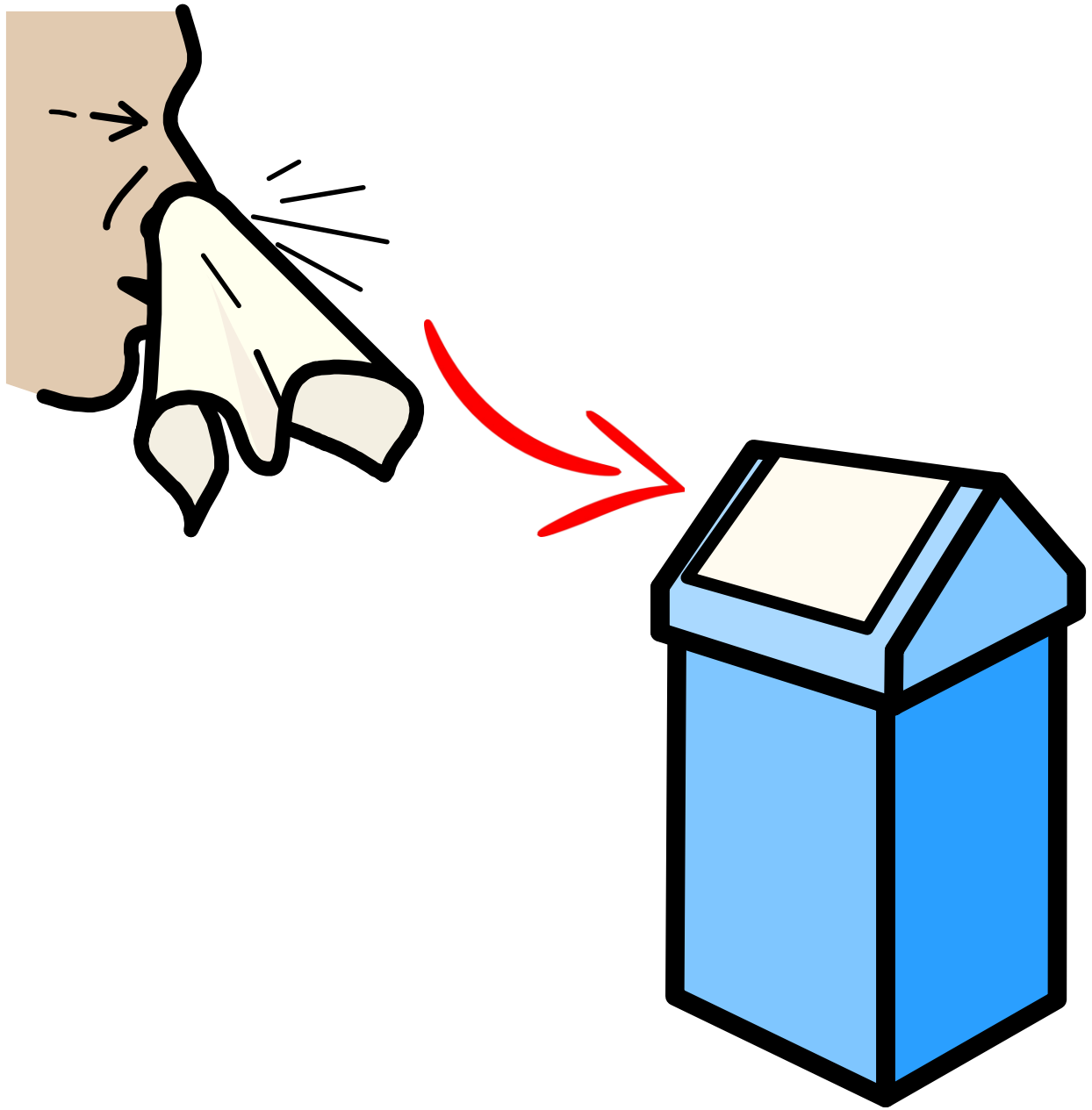
not putting my hands in my mouth



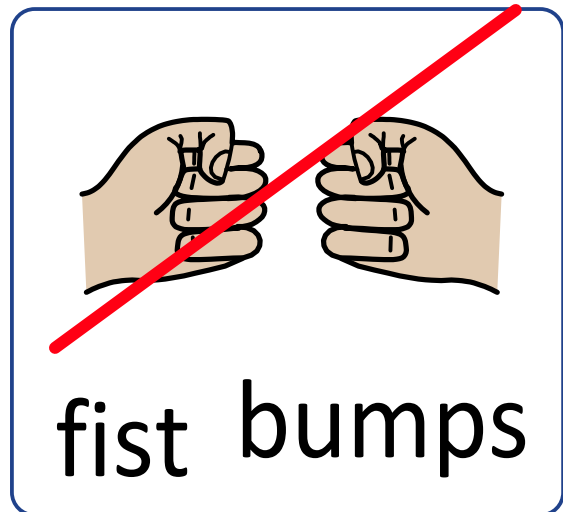
covering mouth when coughing or sneezing



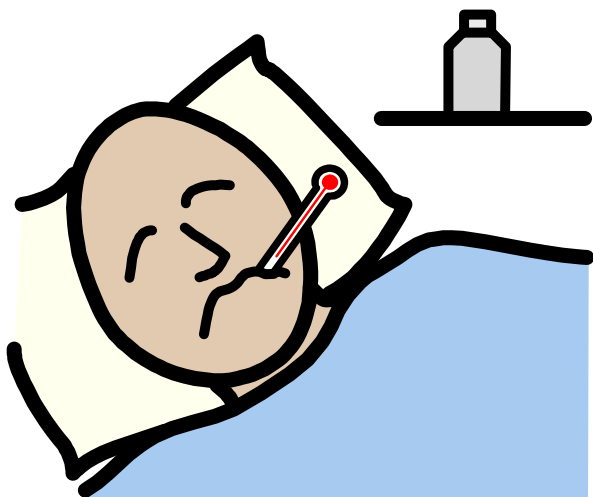
tell an adult if I feel unwell



If I need to sneeze or cough
it's best to do it into a
tissue then throw the
tissue in the bin.



It's a good idea to not give my friends hugs, high fives, hand shakes or fist bumps until everyone is feeling better.



unwell

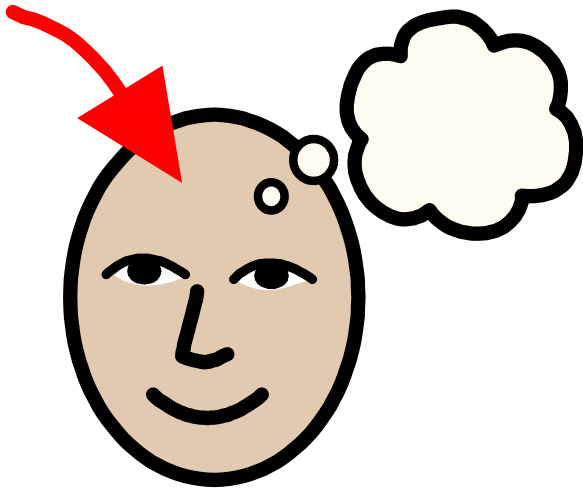


home

If I feel unwell I will
need to stay at
home.



Having time off school is a
change to my routine and
it
can feel tricky.



learning

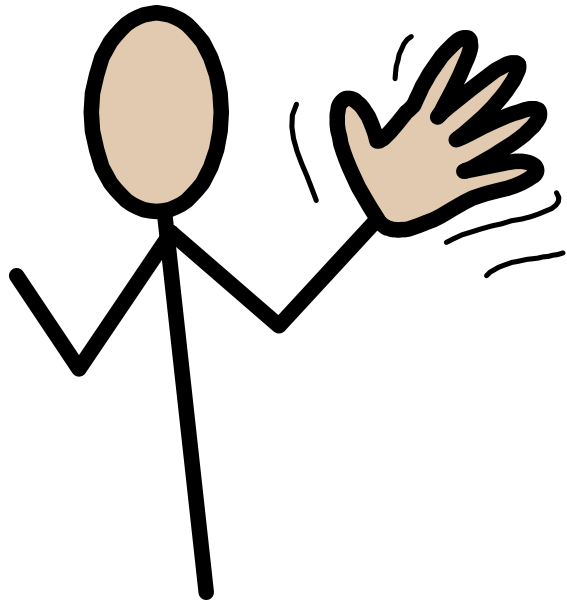


home

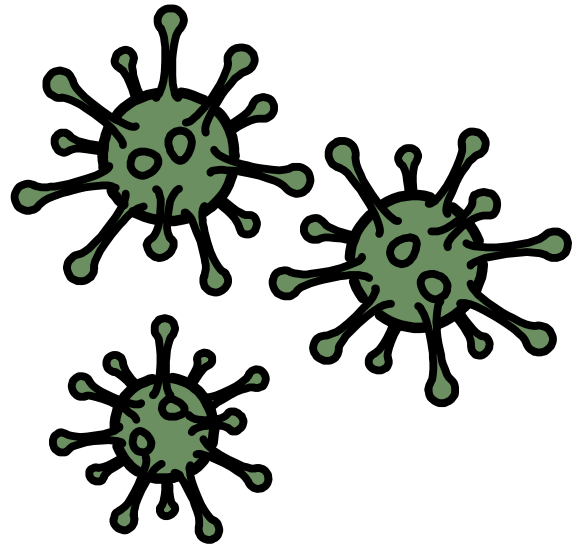
I can do my learning from
home.



My Parents or Carers will
let me know when I can go
back to school.

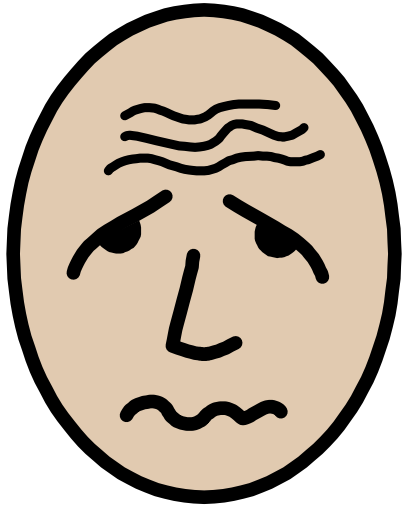


goodbye



virus

Just like other types of flu,
Coronavirus will go away
soon.



worried



talk

Everything will be OK, but
if I feel worried I can talk
to an adult about it.