

Wellbeing Ideas:

It is a good idea to try new things and keep your mind occupied!

If you would like some ideas that might be suitable for your child, check out the links below:

1. Take A Virtual Tour Of Mars:

<https://accessmars.withgoogle.com/>

The images are from the surface of Mars.

- 2.

Take A Virtual Tour Of The Great Wall Of China:

<https://www.thechinaguide.com/destination/great-wall-of-china>

3. Explore Free Minecraft Resources:

<https://www.minecraft.net/en-us/marketplace/education>

4. Learn To Draw:

<https://www.youtube.com/watch?v=bhyCxVPb1qU>

5. Lego Activities:

<https://www.lego.com/en-gb/kids>

6. Make 5 different types of paper aeroplane:

<https://www.youtube.com/watch?v=SpYS5WtvNvQ&feature=youtu.be>

7. Try Origami:

<https://www.easypeasyandfun.com/easy-origami-for-kids/>

8. Scholastic are offering free home learning packs. There are materials relevant for each key stage:

https://shop.scholastic.co.uk/homelearning?source=aw&awc=2957_1587110015_2e71282123ad19a817969a96b890e9ef

9. Twinkl also offers useful free resources:

<https://www.twinkl.co.uk/resources/parents>

10. There's even a free DJ App:

<https://www.algoriddim.com/apps>

11. Learn Computer Science Free:

<https://code.org/break>

12. Learn Basic Engineering:

<https://leadersaward.com/>

13. DIY Science:

<https://new.siemens.com/uk/en/company/education/students/diy-videos.html>

14. Free Audible Stories:

<https://stories.audible.com/discovery>

15. Captain Fantastic Free Shows For Younger Children:

<https://captain-fantastic.co.uk/live-video/>

16. Make An Emotion Wheel:

https://assets.worldvision.org.uk/files/9815/8642/3687/Emotion_Wheel_childrens_activity_set.pdf?_ga=2.209418578.1795022410.1587111451-1229009903.1587111451

17. Support For Managing Emotions:

https://assets.worldvision.org.uk/files/1615/8642/3655/Childrens_emotional_wellbeing_activities.pdf?_ga=2.6339826.1795022410.1587111451-1229009903.1587111451

18. Try Some Nature Activities:

<https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/>

19. 100 things To Do Indoors:

<https://www.spreadthehappiness.co.uk/product/100-things-to-do-indoors/>

20. HASBRO Bring Home The Fun -Including Paint By Numbers:

<https://products.hasbro.com/en-gb/bring-home-the-fun>

21. Earn A Blue Peter Badge:

<https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>

22. Design And Make A Board Game:

<https://www.kiddycharts.com/activities/design-and-make-your-own-board-game/>

23. Learn To Juggle:

<https://www.wikihow.com/Teach-Juggling>

24. Share An Encouraging Message:

<https://www.savethechildren.org.uk/what-we-do/coronavirus-information-advice/keeping-kids-calm-connected>

25. Discover Harry Potter At Home:

<https://www.wizardingworld.com/collections/harry-potter-at-home>

26. Useful Advice For Young People: Coronavirus

<https://www.lttfyp.com/corona/>

27. Go On A Virtual Museum Tour:

<https://www.history.com/news/10-best-virtual-museums-tours-history-from-home>

28. Try Some Maths With Carol Vorderman:

<https://www.themathsfactor.com/>

29. Try Some Cooking With Jamie Oliver:

<https://www.jamieoliver.com/features/category/get-kids-cooking/>

30. Tate Kids:

This site offers lots of art and craft ideas suitable for children.

<https://www.tate.org.uk/kids>

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